

Lynette M. Studer, Ph.D., MSSW, LCSW

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Education

Ph.D. **University of Wisconsin- Madison, School of Social Work**
Social Welfare, July 2015
Dissertation Title: *The Roles and Contributions of Team Leaders to High Fidelity Assertive Community Treatment (ACT): A Collective Exemplary Case Study.*
Dissertation Committee: Dr. Tally Moses (Chair), Dr. Elizabeth Kramer, Dr. Maurice Gattis, Dr. Stephanie Robert, Dr. Gary Bond.

School of Social Work Teaching Assistant Excellence Award, 2012
Mary Ann Test Dissertation Award Recipient, 2012
Sheldon D. Rose Memorial Scholarship Award Recipient, 2012
NIMH Pre-Doctoral Fellow, 2007-2010

Delta coursework in teaching
The Delta program promotes the development of a future national faculty.

Master of Science **University of Wisconsin, Madison, WI**
Social Work, 1992

Bachelor of Arts **University of Wisconsin, Madison, WI**
Double Major: Psychology and Social Work
Minor: Women's Studies, 1991

Teaching Interests Clinical interventions and evidence-based practices for individuals with mental illness
Mental Health & Psychopathology
Introduction to Social Welfare
Macro Policy/Social Work Policy
Qualitative Methods

Research Interests Evidence-based practices (EBPs) of Assertive Community Treatment (ACT)
Mental health evidence-based practices implementation at a state policy level
Effective mental health leadership and team work in ACT
Curriculum development for social work mental health leadership
Integration of physical and mental health for individuals with mental illnesses

Teaching Experience

Assessment and Engagement in Clinical Social Work Practice, Adjunct Faculty, University of Minnesota-Twin Cities (Spring 2016 & invited back for Spring 2017 semester)

- Designed class and created syllabus to include core social work competencies
- Planned and delivered all lectures, including two online classes
- Created and maintained a Moodle site, including discussion boards and online quizzes

- Created assignments that emulated real world practice skills (e.g. DSM-5 clinical case studies, Diagnostic Assessments)
- Utilized numerous teaching modalities, including more technology integration
- First year MSW students in a clinical core competency social work track

Introduction to Social Welfare, Instructor, UW-Madison (Fall 2012 & Fall 2011)

- Designed class and created syllabus to include core social work competencies
- Planned and delivered all lectures
- Facilitated large and small group discussion
- First year MSW students in part time program

Professions that Change the World, Teaching Assistant, UW-Madison (Fall 2012)

- Facilitated 8 small student groups (n=12) to explore meanings of making a difference and apply critical thinking skills to issues of change
- Assisted in exam creation
- Created instructions for assignments
- Provided direction and consultation to all students (N=99) as needed

Introduction to Social Welfare, Teaching Assistant, UW-Madison (Spring 2012)

- Facilitated four discussion sections for this large lecture class
- Assisted in exam creation
- Graded all (n=3) written assignments (class size 99 students)

Homelessness: A Service Learning Course, Teaching Assistant, UW-Madison (Fall 2012 & Spring 2011)

- Created small group exercises for class to apply coursework and service learning experience to current issues facing individuals who are homeless
- Supported students and community placement personnel with the service learning experience, including the mediation of any conflicts
- Planned and delivered 2 lectures on topics defining homelessness & criminalization of homeless individuals

Gay, Lesbian, Bisexual, and Transgender (GLBT) Individuals and Social Welfare, Teaching Assistant, UW-Madison (Spring 2011)

- Arranged for guest speakers to enhance diversity for students
- Created and sustained a safe environment for the discussion of sensitive topics related to sexuality and gender identity
- Created and maintained the electronic on-line learning site at Learn@UW
- Arranged and compiled directory of community service agencies for student volunteer placements

Social Work with Ethnic and Racial Groups, Teaching Assistant, UW-Madison (Fall 2010)

- Met with all (n=44) students individually to assess learning and in effort to create a safe environment for the discussion of sensitive topics related to issues of race, gender, and privilege
- Assisted instructor in developing the syllabus and course assignments
- Facilitated weekly discussion sections with students (n=44) with goal of increasing cultural competencies and preparing students for generalist social work practice in a multicultural society

Research Experience

NIMH Pre-Doctoral Fellow/Research Assistant/ Project Manager, UW-Madison (2007-2010)

"Comprehensive Community Services (CCS) Evaluation Project" (Colleen Mahoney, P.I.; Jan Greenberg, Co-Investigator).

- Conducted a 2 phase program evaluation for the State of Wisconsin's CCS program
- Contributed to creation of research design, methodology and analysis
- Managed aspects of project including development, organization, and maintenance of data base
- Established and maintained communication with all participants (family, consumers, mental health providers, State personnel)
- Interviewed all family member participants
- Prepared report back to State of WI

Publications

Vanderlip E, Henwood B, Monroe-DeVita M, Meyer-Kalos P, Hrouda D, Studer L, Schweikhard A, Moser L. Healthcare Interventions within Programs of Assertive Community Treatment. Under revision, June 2016. Psychiatric Services.

Kavanaugh, M., Studer, L., & Bloedel, S. "Her machine is the most frustrating part:" A case study of caregiving youth, support needs, and communication in Amyotrophic Lateral Sclerosis (ALS). Under review, September 2016. American Journal of Speech-Language Pathology.

Meyer-Kalos, P., Lee, M., **Studer, L.**, Line, T., & Fisher, C. (2016). Opportunities for Integrating Physical Health within Assertive Community Treatment Teams: Results from Practitioner Focus Groups. *Community Mental Health Journal*, doi: 10.1007/S10597-016-0043-1.

Kavanaugh, M., Noh, H., & **Studer, L.** (2015). It'd be nice if someone asked me how I was doing. Like, 'cause I will have an answer": Exploring support needs of young carers of a parent with Huntington's Disease. *Vulnerable Children and Youth Studies*. (10)1, 12-25.

Boust, S.J., **Studer, L.**, Kuhns, M. (2004). Assertive Community Treatment. In C. Stout & R. Hayes (Eds.), *The Evidence-Based Practice: Methods, Models, and Tools for Mental Health Professionals* (pp. 31-55). Hoboken, New Jersey: Wiley & Sons.

State Law

Laws of Minnesota 2016, Chapter 163, Article 2, Section 5.

National Web-based PowerPoint

Studer, L. & Boust, S.J. (2005). The Team Leader in Assertive Community Treatment. National PowerPoint on Web. National Alliance on Mental Illness. Arlington, VA. (http://www.nami.org/Template.cfm?Section=ACT-TA_Center&Template=/TaggedPage/TaggedPageDisplay.cfm&TPLID=4&ContentID=28611).

Selected Conference Presentations & Invited Guest Lectures

- "Partnering for a Better Mental Health System", Minnesota Association of County Social Service Administrators. Annual Spring Conference, Deerwood, MN, 2016
- "Assertive Community Treatment (ACT): What is ACT?", Minnesota Coalition for the Homeless: Connections: Housing, Income Stability, and Mental Health. Conference, Rochester, MN, 2014.
- "Direct Observation and Field Strategies", guest lecturer for UW-Madison, SW 949: Qualitative Research Methods, 2012
- "Ethics in Research Methods", guest lecturer for UW Madison, SW 650: Research Methods, 2012.
- "Striving to be the Best: What is Effective ACT Leadership", 28th Annual Assertive Community Treatment Conference, Boston, MA, 2012
- "Rural Assertive Community Treatment", guest lecturer for UW-Madison, SW 870 class: Clinical Interventions with Adults with Severe and Persistent Mental Illness, 2012

- "A Comparison Between CSPs and ACT in Wisconsin", WI NAMI Annual Conference, Milwaukee, WI, 2011
- "Fundamental Principles of Assertive Community Treatment", guest lecturer for UW-Madison, SW 870 class: Clinical Interventions with Adults with Severe and Persistent Mental Illness, 2011
- "Assertive Community Treatment", guest lecturer for UW-Madison, SW 870 class: Clinical Interventions with Adults with Severe and Persistent Mental Illness, 2010
- "Vocational Success in a Rural ACT program", National Association of Social Workers (NASW)-Wisconsin Annual Conference, Madison, WI, 2009
- "Team Leadership: A Rewarding Juggling Act", Assertive Community Treatment Association (ACTA) Annual Conference, Washington, DC, 2009
- "The Role of the Psychiatrist on an Inter-Disciplinary Team", American Psychiatric Association Annual Conference, New York, NY, 2009
- "Obsessive Compulsive Disorder", guest lecturer for UW-Madison, SW 870 class: Clinical Interventions with Adults with Severe and Persistent Mental Illness, 2009
- "Jail Diversion and Suicide Precautions for Persons with Mental Illness", Green County Sheriff's Department, Monroe, WI, 2004
- "Rural Assertive Community Treatment", National NAMI Conference, St. Paul, MN, 2003
- "Building and Maintaining an Effective ACT Treatment Team", Wisconsin CSP Conference, Lake Geneva, WI, 2003
- "Assertive Community Treatment", Mental Health Task Force Community Forum, Tuscaloosa, AL, 2003
- "FACT Leadership Retreat", Orlando, FL, 2002
- "The PACT Model of Community-Based Treatment for Persons with Severe and Persistent Mental Illness", NASW Wisconsin Chapter 26th Annual State Conference, Madison, WI, 2000
- "State-wide Dissemination of ACT in Nebraska", Conference, Lincoln, NE, 1998

Selected Institutes & Workshops

- "Nebraska ACT Team Leader Meeting: Emphasis on Vocational Rehabilitation in ACT", State Building, Lincoln, NE, 2014.
- "A Job? No Problem! Integration of Supported Employment in Rural ACT", Assertive Community Treatment Association (ACTA) Annual Conference, Chicago, IL, 2010
- "Role of a Psychiatrist on an ACT Team", Assertive Community Treatment Association (ACTA) Annual Conference, Chicago, IL, 2010
- "The Assertive Community Treatment Team Leader", Assertive Community Treatment Association (ACTA) Annual Conference, Tampa, FL, 2005
- "Effective Scheduling", 3rd Annual FACT Conference, Orlando, FL, 2004
- "The Relationship of Team Leader and Psychiatrist in ACT", 3rd Annual FACT Conference, Orlando, FL, 2004
- "Vocational Rehabilitation with Persons with Mental Illness", 3rd Annual FACT Conference, Orlando, FL, 2004
- "Keeping the Team Focused on its Mission", 3rd Annual FACT Conference, Orlando, FL, 2004
- "Fidelity Measures for PACT Programs", The Alabama Council of Community Mental Health Boards 29th Annual Conference, Birmingham, AL, 2003
- "Team Leadership: The Key to Successful ACT Teams", The Alabama Council of Community Mental Health Boards 29th Annual Conference, Birmingham, AL, 2003
- "Motivational Interviewing", The Alabama Council of Community Mental Health Boards 29th Annual Conference, Birmingham, AL, 2003
- "How Does the Substance Abuse Specialist fit into the PACT Model?", The Alabama Council of Community Mental Health Boards 29th Annual Conference, Birmingham, AL, 2003
- "Stump the Experts", 2nd Annual FACT Conference, Orlando, FL, 2003
- "Negotiating Skills Training", 2nd Annual FACT Conference, Orlando, FL, 2003
- "Individualized Treatment Planning-the Beginning", 2nd Annual FACT Conference, Orlando, FL, 2003
- "Individualized Treatment Planning-Advanced", 2nd Annual FACT Conference, Orlando, FL, 2003
- "PACT 101", 2nd Annual FACT Conference, Orlando, FL, 2003

- "Advanced Assessment and Treatment Planning Practices", Florida Statewide FACT Conference, Orlando, FL, 2002
- "Treatment Planning Practices and Team Building within an Assertive Community Treatment Team", Florida Statewide FACT Conference, Orlando, FL, 2002
- " Best Practice of Teaming within a CSP", Wisconsin Annual CSP Conference, Madison, WI, 2001
- "Train the Trainer", Tampa, FL, 2001
- "Tools to Support the Teamwork of an ACT Team", National ACTA Conference, Grand Rapids, MI, 2000
- "Best Practices within the Continuous Treatment Team", 3-day workshop, Synthesis of Research and Practice Conference coordinated by Delaware Health and Social Services, Newark, DE, 1997
- "Admitting and Treating Adolescents in CSP", 1996 CSP Statewide Conference, Madison, WI, 1996
- "Symptom Management and Support Strategies on the Job", 1ST Annual Vocational Rehabilitation in CSP Statewide Conference, Appleton, WI, 1996

Clinical & Professional Work Experience

State Program Director, State of Minnesota, Adult Mental Health Division, St. Paul, MN (2013 to present)

- Division lead for evidence-based practice (EBP) implementation for adult mental health division. Responsible for assisting division in bridging EBP research and implementation of services in a statewide context.
- Appointed as division lead for an \$8.2 million dollar 2013 legislative appropriation for the transitions of individuals with mental illness and co-occurring disabilities from institutional care to integrated, community-based services through the identification and problem solving of system barriers.
- Serve as policy lead in the area of Assertive Community Treatment for the State of Minnesota, including policy creation, drafting legislation, technical assistance, and regulation compliance with state, federal, and Medicaid guidelines.
- Nominated as a member of the Equity Committee for the Chemical and Mental Health Administration which identifies ways to improve policies, services, and practices to underrepresented populations in the State of Minnesota.

Emergency Room Social Worker, Meriter Hospital, Madison, WI (2010 to 2012)

- Provide assessment, crisis intervention and social work case management to patients in the Emergency Department
- Conduct bio-psychosocial assessments of patients, including strengths and suicide risk assessments for children, adolescents and adults
- Collaborate with multidisciplinary team of health care providers and community mental health professionals
- Provide counseling, education, and support to multicultural patients, family, and significant others
- Serve as a consultant to other ER personnel in regards to knowledge and expertise in areas such as mental health law, patient confidentiality, informed consent, advance medical directives, domestic violence/abuse/neglect, and acute/traumatic situations.
- Provide on-call coverage to the ER.

Assertive Community Treatment/Community Support Program Clinical Coordinator/Team Leader & Psychiatric Social Worker, Green County Human Services, Monroe, WI, (1993 to 2007)

- Screened, hired, and supervised all clinical treatment staff of a multidisciplinary team
- Provided direct clinical treatment and intervention to consumers with mental illness including individual therapy and psychosocial rehabilitation
- Provided on-call and crisis management including on-call supervision
- Served as field supervisor for graduate UW-Madison MSSW students

- Developed and managed over 1.4-million-dollar budget for program
- Created and monitored the program's quality assurance plans
- Supervised program billing and revenue generation
- Created policy and procedure manual for program

Green County Human Services Client Rights Specialist, Green County Human Services, Monroe, WI (1998-2007)

- Developed the agency-wide policy from HFS 92 and HFS 94
- Implemented grievance procedures, understanding of law regarding client confidentiality and client rights
- Mediated issues between clients and agency clinical staff
- Conducted independent investigations of complaints

Independent Consultation Experience

Responsibilities: Assessment of macro-level status of community mental health system in each respective state, development of a work plan and training curriculum based on assessment; coordinated training to targeted groups including state level individuals, agency leadership, team leaders, family members and consumers and clinical treatment staff on assertive community treatment and the implementation in their state; participated in program evaluation (most recently with the newly validated TMACT tool); assisted in modifying current regulations within state to implement ACT with high fidelity, participation in Office of Mental Health meetings.

- **State of Nebraska Division of Health and Social Services, Hastings, NE, 2014**
- **State of Nebraska Division of Health and Social Services, Omaha, NE, 2016**
- **State of Nebraska Division of Health and Social Services, Lincoln, NE, 2016**
- **Great River ACT Team, Monticello, MN 2012**
- **State of Minnesota, (3 Ramsey County teams), St. Paul, MN 2012**
- **State of Minnesota, (Ramsey & Dakota Counties), St. Paul, MN, 2011**
- **State of Nebraska Division of Health and Social Services, Lincoln, NE, 2005-2010**
- **State of Nebraska Division of Health and Social Services, Omaha, NE, 1999-2010**
- **State of Nebraska Division of Health and Social Services, Hastings, NE, 1998-2010**
- **University of Washington, Dept. of Psychiatry and Behavioral Sciences, Seattle, WA, 2008**
- **State of Pennsylvania, Northwest Human Services, Montgomery County, PA, 2004-2007**
- **State of Pennsylvania, Delaware County Horizon House, Upper Darby, PA, 2004-2006**
- **Mental Health Care, Incorporated, Tampa, FL, 2006**
- **State of Pennsylvania, Lenape Valley Foundation, Doylestown, PA, 2003-2004**
- **State of Florida, Psychotherapeutic Services FACT, Largo, FL, 2004**
- **State of Florida, Psychotherapeutic Services FACT, West Palm Beach, FL, 2004**
- **State of Alabama, PROACT Team, Birmingham, AL, 2002-2004**
- **State of Florida, PSF Kissimmee FACT team, Kissimmee, FL, 2003-2004**
- **State of Tennessee, Helen Ross McNabb Center, Magellan, Knoxville, TN, 2002-2004**
- **Apalachee Center, Inc. FACT team, Tallahassee, FL, 2003**
- **State of Florida, Lakeside Alternatives, Orlando, FL, 2003**
- **State of Alabama, Indian Rivers ACT Team, Tuscaloosa, AL, 2003**
- **State of Florida, Bay life Mental Health Care, Inc., District 6-Tampa, FL, 2000-2002**
- **State of Florida, Manatee Glens, Bradenton, FL, 2001-2002**
- **State of Florida, ACT Corporation, Daytona Beach, FL, 2001-2002**
- **State of Florida, Mental Health Resource Center, Jacksonville, FL, 2002**
- **State of Florida, Henderson Mental Health Center, Inc., Ft. Lauderdale, FL, 2000-2001**
- **State of Florida, Coastal Recovery Center, Sarasota, FL, 2001**
- **State of Tennessee, Mental Health Corporation, Nashville, TN, 2000-2001**
- **State of Florida, Winterhaven Hospital, Lakeland, FL, 2000-2001**
- **State of Virginia, Peace River Valley Community Services, Blacksburg, VA, 2000-2001**

- **Putnam Family Services**, Carmel, NY, 1999
- **State of Virginia, Blue Ridge Behavioral Healthcare**, Roanoke, VA, 1998-1999

Certifications/Professional Memberships

- LCSW (Licensed Clinical Social Worker) in Wisconsin (working toward MN licensure)
- NASW (National Association of Social Workers) Member
- National Alliance for Mental Illness (NAMI) Member

Academic Service at UW-Madison

- Ph.D. Admissions Committee, School of Social Work, Member, 2011-2012
- Faculty Search Committee, School of Social Work, Member, 2010-2011
- MSSW Admissions Committee, School of Social Work, Member, 2009-2010
- Peer Ph.D. Mentor, School of Social Work, 2009-2013
- Academic and Non-academic Misconduct Committee, UW-Madison, Member, 2009-2010
- Faculty Teaching Awards Committee, UW-Madison, Member, 2009-2010

Committee Contributions at State of Minnesota-Department of Human Services

- Multi-generational Mental Health Workgroup, Member, 2016 to present
- Behavioral Workforce Shortage Task Force, Member, 2015 to present
- Olmsted and Employment Outcomes Workgroup, Member, 2014 to present
- Equity Committee, Representative of the Adult Mental Health Division, Member, 2013-2015